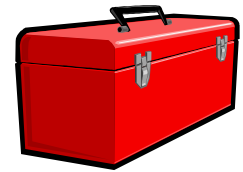


# Toolbox



## Value Decisions Worksheet

How to Make a Decision Based on Your Values:

**Step #1** - Narrow it down to 2 options – Fill in the sections below, identifying each option.  
What is the decision to be made?

### Option #1

gives me: 1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_  
4) \_\_\_\_\_

\_\_\_\_\_ Total

### Option #2

gives me: 1) \_\_\_\_\_  
2) \_\_\_\_\_  
3) \_\_\_\_\_  
4) \_\_\_\_\_

\_\_\_\_\_ Total

**Step #2** – Go through the list below and choose 4 things that each option would do for you or give you. If you need to think up some other values that fit better do so.  
Fill them in on the 8 “gives me” blanks above.

Money/Resources	Freedom	Helps someone else
Makes me Happy	Serves/Glorifies God	Follows the rules
Impresses others	Makes me feel good about me	Makes others happy
Cares for Family	Brings me pleasure	Fun
Security Peace of mind	Comfort/Safety	Change
Sense of Accomplishment	Opportunity to grow	Nurtures my Innate Self
Around good people	Better future	

**Step #3** - Now take those same 8 things and rank them below by what is most important in your life. Rewrite them in order of value on the blanks below – the first one being the most important in your life.

1) \_\_\_\_\_ 12pts  
2) \_\_\_\_\_ 10 pts  
3) \_\_\_\_\_ 8 pts  
4) \_\_\_\_\_ 6 pts  
5) \_\_\_\_\_ 4 pts  
6) \_\_\_\_\_ 3 pts  
7) \_\_\_\_\_ 2 pts  
8) \_\_\_\_\_ 1 pt

**Step #4** - Now go back up to your two options and fill in the points next to the appropriate value. Then total the points.

You should have a clear winner. You should be able to see which option is best - based on your values.